

| Enduring Skill | Reference to Standards | What's Mastery Look Like at your Grade Level? | Sources of Evidence: What is available or needs to be developed? |
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| Demonstrates competency in a variety of motor skills and movement patterns(NPES 1) | PL-H-PS-U-2 PL-6-PS-S-2 PL-4-PS-S-2 PL-P-PS-S-1 | | |
| Applies knowledge of concepts, principles, strategies and tactics related to movement and performance (NPES 2) | PL-H-LPW-S-4 PL-7-LPW-U-3 PL-5-PS-S-1 PL-P-PS-S-4 | | |
| Demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness (NPES 3) | PL-H-LPW-S-5 PL-8-LPW-S-1 PL-4-LPW-S-6.a-c PL-P-LPW-S-4 | | |
| Exhibits responsible personal and social behavior that respects self and others (NPES 4) | PL-H-LPW-S-1 PL-6-LPW-S-8 PL-5-LPW-U-7 PL-P-LPW-U-6 | | |
| Recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction (NPES 5) | PL-H-PS-S -5 PL-7-LPW-S-7.a-d PL-4-LPW-S-7 PL-P-LPW-S-2 | | |
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NPES = National Physical Education Standard

Links to NPES and KCAS alignment documents:

- High School:
<http://education.ky.gov/curriculum/CSH/Documents/High%20School%20Physical%20Education%20KCAS%20Aligned%20to%20NASPE.pdf>
- Middle School:
<http://education.ky.gov/curriculum/CSH/Documents/Middle%20School%20Physical%20Education%20KCAS%20Aligned%20to%20NASPE.pdf>
- Intermediate:
<http://education.ky.gov/curriculum/CSH/Documents/Intermediate%20Physical%20Education%20KCAS%20Aligned%20to%20NASPE.pdf>
- Primary: <http://education.ky.gov/curriculum/CSH/Documents/Primary%20Physical%20Education%20KCAS%20Aligned%20to%20NASPE.pdf>

Link to AAHPERD document:

- <http://www.aahperd.org/whatwedo/upload/Grade-Level-Outcomes-for-K-12-Physical-Education.pdf>